

Bib No: \_\_\_\_\_

**Registration Form  
Abbotsford Police Challenge  
Saturday, September 20, 2008**

**Runners must run in race selected.** Failure to do so may eliminate you from any prizes in a category.

Distance:      5K      10K

Gender        M      F

Do you wish to be timed for this event? \_\_\_\_\_

Age (on racing day): \_\_\_\_\_

Birthday (y/m/d): \_\_\_\_\_

Last Name: \_\_\_\_\_

First name: \_\_\_\_\_

Full Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Organization/School/Class: \_\_\_\_\_

Name of Group Coordinator for Package Pickup: \_\_\_\_\_

**Adult T-shirt sizes only:**

\_\_\_SM       \_\_\_ Med     \_\_\_Lrg  
\_\_\_XL       \_\_\_ No shirt

**Amount Paid:** \_\_\_\_\_ (no refunds)

Make cheque payable to "Abbotsford Police Challenge" or exact cash only – no change available

\*\*\*There will be an additional \$25 charge for lost or replacement chips\*\*\*

**Athlete's waiver:** In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights or claims for damages I may have against the organizers or the agents, successors, representatives and assigns and the race sponsors for all and any injury, damage or loss I may sustain during the entire event.

**Parental signature (must be signed if athlete is under 19 years of age):** I, the legal parent/guardian of the above competitor hereby certify that I have read and agree to be bound by the terms of the above waiver on behalf of the said competitor.

\_\_\_\_\_  
Date: \_\_\_\_\_  
Signature of Athlete or parent/guardian if under 19

**The Police Challenge Run  
Supports three Charities that  
are very important to the  
Police Community.**

**The Police Challenge Run  
began as a Fund Raiser for the  
Law Enforcement Torch Run  
for Special Olympics  
17 years ago.**

**It has grown to be one of the  
more prominent Community  
Events supporting three  
charities –**

**BC Special Olympics  
ALS Society of BC  
United Way**

**For more information on these  
great charities, check out their  
websites.**

BC Special Olympics: [www.bcsso.bc.ca](http://www.bcsso.bc.ca)  
ALS Society: [www.alsbc.ca](http://www.alsbc.ca)  
The United Way: [www.uwfv.bc.ca](http://www.uwfv.bc.ca)

**18<sup>th</sup> Annual  
Abbotsford  
Police Challenge**  
10K Challenge and 5K Fun Run



**September 20, 2008  
Register Early and Save!**

## EVENTS

10K Challenge and 5K Fun Run  
Saturday, September 20, 2008  
Walkers, Runners, Wheelchairs and Strollers  
Welcome!  
**No bikes, scooters, rollerblades or pets**

## LOCATION

**Civic Plaza**, adjacent to:  
Abbotsford Police Department  
2838 Justice Way, Abbotsford, BC  
**Directions:** Take exit #87 off Hwy 1, go north on  
Clearbrook Rd., East on South Fraser Way, North on  
Trethewey St., to parking and Civic Plaza.

## RACE TIME

Both events start at 9am  
Warm-up led by Apollo Athletic Club  
At 8:30am at Civic Plaza

## INFORMATION

Abbotsford Police Department  
Phone: 604-859-5225 or 1-800-898-6111  
Ask for the Challenge Run Local  
Or visit our web site at  
[www.abbotsfordpolice.org](http://www.abbotsfordpolice.org)

## AWARDS and PRIZES

**Awards are based on age categories.**  
Medals will be awarded to the top three men and women  
in each category. Prizes must be accepted as is. Any  
discrepancy will be dealt with by Run Staff

## COURSE

Maps of the course will be available with  
package pickup. The 10k is a test of your  
endurance that includes a 1k hill and the 5k  
fun run is a single flat loop.

## How to Register

1. **By Mail** post marked by September 6, 2008
2. **In Person** at the address below
3. **Online** at [www.runningroom.com](http://www.runningroom.com), click on  
events, select Abbotsford, and select  
September. **Please note there is an  
approx. \$2-\$3 charge** in addition to the  
race entry fee that goes to the Running  
Room for processing online registrations.  
Online registration is only available until  
September 13, 2008.

Mail or drop off registrations to:  
**Abbotsford Community Police Office**  
105-34194 Marshall Rd.,  
Abbotsford, BC V2S 5E4

4. **Race Day** September 20, 2008 between  
7am and 8am only – at the event location

**\*\*Timing is done by a computer timing chip.  
Running chips will be distributed only to  
those runners who have indicated on their  
registration form that they wish to be  
timed\*\***

## Package Pick Up

**Abbotsford Community Police Office**  
105-34194 Marshall Rd.,  
Abbotsford, B.C.  
Phone (604)864-4814 for directions

**September 16 and 18, 2008  
Between 9am and 9 pm**

All participants **MUST** pick up their package  
which includes bib, during the above noted times.  
**Only out of town participants can pick up  
packages on race day between 7am and 830am  
at the event location.**

## Entry Fees

1. **Early** April 1 - August 9, 2008  
Adult with t-shirt \$27  
Adult without t-shirt \$20  
Student up to Grade 12 \$10  
Senior (60+) \$15  
Special Olympics (athlete or coach) \$10  
**\*Family rate (2 adults, 2 students) \$70**
2. **Regular** Aug 10 - Sept 13, 2008  
Adult with t-shirt \$30  
Adult with no t-shirt \$22  
Student up to Grade 12 \$10  
Senior (60+) \$15  
Special Olympic (Athlete or coach) \$10  
**\*Family Rate (2 adults, 2 students) \$75**
3. **Late** Sept. 14 - Sept. 19, 2008  
Adult with t-shirt \$35\*\*  
Adult without t-shirt \$27  
Student up to Grade 12 \$18\*\*  
Special Olympic (Athlete or coach) \$10\*\*  
Senior (60+) \$18 \*\*
4. **Race Day** September 20, 2008  
Adult \$38  
Student up to Grade 12 \$20  
Special Olympic (Athlete or Coach) \$10  
Senior (60+) \$20

\*\*T-shirts and/or sizes are not guaranteed with  
late registration\*\*

Race Day registration is with **NO T-Shirt**. If  
available, T-shirts can be purchased for \$10 each.

**\*Family rate only applies to early and regular  
registration dates and includes 2 adults and 2  
students. Each additional child of the same  
family is \$5. Family rate includes t-shirts\***

## Proceeds

Proceeds will be donated equally to BC  
Special Olympics, ALS Society of BC and  
the United Way of the Fraser Valley.